

00000/00000 00000000 00 000000

0000 000000 00 00000000 000000 0000 0000 000 00 0000 000000
000000 00 0000 00000000 00000, 00 00 000000000000 00 000 0000 00
0000 00 000000 00 0000 00 0000 0000 000 00000000000 00000000 00
0000000, 00 0000 00 00000000 00 00000-00000000 000000 00 00000000
000000 00 00 000 0000 000000 00000000 0000 000

00 0000000 00 00000000 00 00 00 00 0000000000000000 00 000 000 0000
00 000 0000 0000 00 0000000 00 000000 0000 00, 00000000 00 000
000000 00 000000 0000000 00 00 000000 0000 0000 00 0000000 0000 000
000000 0000 0000000 0000 000000000 000000000 00000, 000000 0000 000000
00 00 0000 000

0000000 00 0000000000000 0000000 00, 00 000 00 000 0000000 00000,
000000 000 00 0000 000000 00 00000000 000000 000000 000 000 00 000
00000, 00, 00000000000000 00 0000000000 0000000 000000 00 000 00, 00
00 000 000000 00000000 00 000000 00 00000000 00000 00 00 00000000 00
000000 00 0000 000

00000/00000 00000000 00000 00 000

00000/00000 0000000 0000 00 00000 00000 000 00, 00000 00 00000 00
00000000 00000 00000 000 00000000 00 000000000 00 00 00 00000 00 00000-
00000000 000000 00 00000 00000 00, 00 000 000000000 000 00 00 000000
0000000 00 00000 00 00000 000 000000 000000 0000 00 00000 00,
0000000000, 0000000 00000000, 00000000000 000000 00 000000000000 00000000
00 00 00000 000 000000 00000 00000 0000

00 00000 00 000000000 000 000000000, 00000 00 000000 000000 000 00
00000 00 000 00 000 000000000000 00 0000000000 00000 00, 000000000 0000
00000 00, 000000 0000 00000 00 00 000 00000 00, 00 00000 00 00000
00000 00 0000000000 00000 000 000000000000 00000000000 00 00000000, 000000
00000000 00 00000 00000 00000, 00000, 00000000000 00 00000 000 00000000
00 000000 00000 000

00000 00000000 000000000, 00000000, 000000000000 00 00000000 000000 00
0000000 00000 00000 0000000 00 000 00 000 00000 00000 000 000000000 000

व्रतों को पालन करने वाले व्यक्ति को व्रतारी कहा जाता है। व्रतों का पालन करने से व्यक्ति को शारीरिक, मानसिक, और आध्यात्मिक रूप से लाभ मिलता है। व्रतों का पालन करने से व्यक्ति को शक्ति, धैर्य, और आत्मिक विकास मिलता है।

FAQs in English

1. What is Aparā or Achālā Ekādāshī Vrat?

Aparā or Achālā Ekādāshī is a sacred fasting day dedicated to Lord Vishnu. It is observed on the Krishna Paksha Ekādāshī of the Jyeshtha month and is believed to give immense spiritual merit, forgiveness of sins, and peace of mind.

2. What is the meaning of Aparā Ekādāshī?

The word “Aparā” means limitless or infinite, symbolizing the boundless merit gained through this vrat. “Achālā” means steady or firm, representing stable devotion, discipline, and faith in Lord Vishnu.

3. When is Aparā Ekādāshī Vrat in 2027?

In the year 2027, the fast of Aparā Ekādāshī (also known as Achālā Ekādāshī) will be observed on Tuesday, June 1, 2027.

4. How to observe Aparā Ekādāshī Vrat?

Wake up early, take a bath, worship Lord Vishnu, offer tulsi, flowers, fruits, and chant Vishnu mantras. Avoid grains, rice, non-vegetarian food, anger, lies, and negative actions. Break

the fast on Dwadashi during the correct parana time.

5. What are the benefits of Aparā Ekadashī Vrat?

Aparā Ekadashī is believed to remove sins, bring peace, strengthen devotion, improve discipline, and attract Lord Vishnu's blessings. It is also considered helpful for mental stability, positive energy, spiritual growth, and relief from guilt or fear.

□□□□□□_□□□

□□□□_□□□□□□