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Conclusion

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Frequently Asked Questions About Mahesh Navami

1. What is Mahesh Navami?

Mahesh Navami is a sacred Hindu festival dedicated to Lord Mahesh, another name of Lord Shiva, and Goddess Parvati. It is observed on the Navami Tithi of Shukla Paksha in the month of Jyeshtha. The festival is especially important for the Maheshwari community, as it is believed to mark their divine origin through the blessings of Lord Shiva and Maa Parvati.

2. What is the meaning of Mahesh Navami?

The word “Mahesh” means the great Lord or the supreme form of Lord Shiva, and “Navami” means the ninth lunar day. Spiritually, Mahesh Navami represents devotion, transformation, righteousness, non-violence, and the grace of

Lord Shiva. It teaches devotees to leave ego and negativity and follow the path of dharma, service, and truth.

3. When is Mahesh Navami celebrated?

Mahesh Navami is celebrated every year on the ninth day of the Shukla Paksha in the Hindu month of Jyeshtha. In 2026, Mahesh Navami will be observed on Tuesday, 23 June 2026. Devotees should check the local Panchang for the exact tithi and puja muhurat according to their city.

4. How is Mahesh Navami Puja performed?

Mahesh Navami Puja is performed by worshipping Lord Shiva and Goddess Parvati. Devotees wake up early, take a bath, clean the puja place, and perform Shiva Abhishek with water, milk, curd, honey, ghee, and sugar. Bel Patra, flowers, incense, diya, fruits, and sweets are offered. After this, devotees read or listen to Mahesh Navami Katha, chant Shiva mantras such as "Om Namah Shivaya," and complete the puja with aarti.

5. What are the benefits of Mahesh Navami Vrat?

Mahesh Navami Vrat is believed to bring peace, prosperity, family harmony, spiritual strength, and divine protection. Worshipping Lord Shiva on this day helps remove obstacles, reduce negativity, and bring clarity of mind. It is also considered beneficial for success in work, business stability, good health, and inner transformation. The vrat inspires devotees to live with compassion, discipline, truth, and devotion.

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