

Om Namah Shivaya, the most sacred and powerful mantra of Hinduism, is a prayer to Lord Shiva, the Supreme Being, the Destroyer, the Great One, and the Protector of the Universe.

This mantra is a beautiful blend of Sanskrit and Hindi, and it is a must-read for all devotees of Lord Shiva. It is a powerful prayer that can help you connect with the divine and experience the bliss of Shiva. The meaning of this mantra is that you are bowing to the Lord who is the source of all creation, the one who destroys the evil, and the one who protects the good.

Uma Maheswara Stotram in Hindi Lyrics

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2. What is the meaning of Uma Maheswara Stotram?

The meaning of Uma Maheswara Stotram is the praise of Lord Shiva and Goddess Uma as one divine couple. It symbolizes the balance of consciousness and energy, peace and power, devotion and responsibility.

3. When should Uma Maheswara Stotram be recited?

Uma Maheswara Stotram can be recited daily with devotion. Mondays, Fridays, Pradosh Vrat, Masik Shivratri, Mahashivratri and the month of Sawan are considered especially auspicious for its recitation.

4. How should Uma Maheswara Stotram be recited?

It should be recited after bathing, in a clean and peaceful place, with devotion. You can light a diya, worship Lord Shiva and Goddess Parvati, chant "Om Namah Shivaya" or "Om Uma Maheshwarabhyam Namah" and then recite the stotram calmly.

5. What are the benefits of Uma Maheswara Stotram?

Regular recitation of Uma Maheswara Stotram is believed to bring marital harmony, family peace, emotional balance, devotion, positive energy and blessings of Lord Shiva and Goddess Parvati.

[Uma Maheswara Stotram in Hindi](#)

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